**Grave’s Disease (hyperthyroid) Case Study**

Adam, age 27, is a contractor and business owner who was diagnosed with grave’s disease (hyperthyroidism). He had benign tumors in his breast and glands. He could not work a full day because he was weak and exhausted. Other symptoms were acne, constipation, blurred vision, hot flashes, joint pain, weight loss, learning disabilities and back problems. Psychological symptoms were mind racing, worrying, irritable, mood swings, and obsessive compulsive. He was told by his doctor that he had to have his thyroid removed and to take a prescription drug the rest of his life.

Adam’s first hair test revealed an extremely slow oxidation rate which indicates weak cellular thyroid effect in the body. He had a low Na/K ratio which indicates low vitality. He was also showing very high levels of “three amigos” (iron, manganese and aluminum). The amigos can irritate the tissues. His zinc was elevated at 30mg% (15-16mg% is ideal) which indicates hidden copper toxicity. Also he had high levels of lead, cadmium and arsenic.

He followed the slow oxidation plan, increased his distilled water intake and took specific nutritional supplements 3 times a day. His energy improved within a few weeks on the program. He did have a few healing reactions of feeling hot for a couple of months and a feeling of depression for a few days and then it pasted. Also had a few cold sore flare ups and acne flared up for a few weeks. He stated that he felt energetically and emotionally stronger.

His second hair analysis revealed a drop in the sodium and potassium levels. He was now showing sympathetic dominance, a tendency to push himself. The irritants (amigos) all came down within normal range which is probably the reason why the sodium level came down. Lead, cadmium and arsenic all came down. He was actively eliminating selenium and mercury.

At this time his tumors disappeared. He indicated that he had not had this much energy in years. He even decided to change careers and go into law enforcement. Hot flashes, blurred vision, constipation and joint pain had also disappeared.
Adam’s third test indicated dumping metastatic calcium. His sodium and potassium levels dropped lower. Na/K ratio was now in a good range 3.00 mg% which indicates improved vitality. He started to eliminate more mercury and lead.

It has been 4 years and Adam remains full of energy and without any symptoms of Grave’s disease.